

# March to Your Own Beat

In many African countries where sponsored children live, musicians play a traditional drum called a djembe [JEM-bay]. Here's how to make one you can play!

## Supplies

- 2 large paper cups
- masking tape
- 1 c. each flour and water, mixed
- 20-30 newspaper strips
- nontoxic, water-based paint
- 1 balloon
- 1 rubber band

## Directions

- 1 Cut out the bottom of each cup. Place one cup upside down on table. Place other cup right side up on top of the other cup. Tape the two cups together.
- 2 Dip some paper strips into the water-and-flour mixture and wrap the strips around the cups. Put several layers of wet paper strips around the top rim to make it stronger. Let it all dry.
- 3 Use paint to decorate your drum in a fun African design. Once the paint has dried, cut open one side of the balloon and stretch it over the top of the cup. Use a rubber band to secure it to the lid if needed. You can also wrap twine or string around the top of your drum to decorate.

